

The Beau Quotient

Many women say that early on, their former boyfriends or husbands displayed behaviors that eventually became intolerable. If they had been more honest about these deal-breakers, they would have saved themselves much heartache.

This quiz is designed to help you take a hard look at your current beau's behaviors. If you don't have a current sweetheart, ask the questions about a previous long-term love.

To determine if you should keep dating a man, answer these questions. Put the score for each question in the box to the right. The items in parenthesis are just examples; he doesn't have to do all the items listed in the parentheses to get a good score.

1 = Never; 2 = Rarely; 3 = Sometimes; 4 = Often; 5 = Always (or nearly always)

Does He Show Respect for You and Others?	
1. Does he treat you respectfully, both in person and remotely? (He returns your phone calls promptly, responds to your questions, rarely raises his voice in anger.)	
2. Does he show respect for your relatives and friends? (He treats them respectfully, even if he may not like them.)	
3. Does he avoid teasing you about your sensitive issues? (He knows your vulnerabilities and doesn't exploit your feelings by reminding you of tender areas.)	

Total for this section

What's His Level of Integrity and Maturity?	
4. Is he honest and trustworthy? (You've never found he has lied about something; he is open and doesn't hide things or tell you it's none of your business. There are never holes in his stories.)	
5. Can you count on him to keep his word? (He calls when he says he will, does what he promises without your reminding him.)	
6. Does he behave consistent with his stated values? (He says he values family and diligently stays connected to his own family; he says he values honesty so returns too much change from the cashier.)	
7. Does he willingly share his feelings and vulnerabilities? (He opens up to you easily and frequently.)	
8. Is he generally the same man in public as behind closed doors? (He has the same personality in public as in private. He doesn't have a pleasant public personae then belittling at home.)	
9. Is he willing to sincerely say, "I'm sorry"? (He admits when he's wrong. He apologizes when he's hurt your feelings and makes a concerted effort not to repeat it.)	

Total for this section

Does He Show He Values You?	
10. Does he behave in ways that show he wants to please you? (He calls you regularly, sends you sweet emails/texts, brings you flowers, makes sure you regularly get what you want.)	
11. Does he show interest in your life, friends and activities? (He asks about you and your day, remembers your key friends' names and is pleasant to them.)	
12. Does he initiate activities, not just "Whatever you want to do"? (He suggests and/or plans outings he thinks you both will like.)	
13. Do you feel special, cherished, respected and cared about when you're with him? (He gives you attention, affection and reassurance.)	
14. Is he generous with you? (He willingly and proactively shares his time, spirit, and money with you.)	
15. Does he regularly show and say he cares about you? (He not only verbalizes his caring for you, but backs it up with actions that show he does.)	

Total for this section

How Compatible Are You Two?	
16. Do you share the same values and ethics? (He tackles tough topics maturely. He is loyal to those to whom he's close.)	
17. Does he have only a few habits that annoy you? (You've learned to tolerate his few idiosyncrasies. He doesn't embarrass you.)	
18. Do you only rarely ask yourself, "What could he possibly be thinking?" (Generally you understand and agree with his thinking process.)	
19. Do you respect his decisions about money, friends, how he spends his time? (You don't think he currently makes dumb decisions.)	
20. Does he not pressure you to do activities you really don't want to do? (No pressure for sex when you don't feel like it; going to his church, which you don't like; or other activities you don't want to do.)	

Total for this section

Total

A total of less than 80 means you need to release him as he doesn't have what it takes to be boyfriend (or husband) material. If you feel he might be willing to work on some of the items, let him know. Retake the quiz every 6 months as it's easy to be on one's best behavior for short periods.

The Dating Goddess is "The Divine Authority for Dating After 40." She's written 13 books on the topic. This quiz is one of the many helpful resources she has available at www.DatingGoddess.com.